Patient History Form

(all information on this form is strictly confidential)

Hamilton Psychiatric Services Nighat Mirza MD 1 Nami Lane, Suit 9 Hamilton, NJ 08619

Patient First Name:	Patient Last Name:				
Name of Person completing form (if other than patient):					
Date Completed:	Patient Date of Birth:				
Primary Care Physician:	Physician Phone:				

Current Symptoms Checklist (please check all appropriate columns)

	Mild	Moderate	Severe		Mild	Moderate	Severe
Aggression				Judgment errors			
Agitation				Loneliness			
Anger				Loss of interest in activities			
Anxiety				Memory impairment			
Appetite change				Mood swings			
Change in libido				Obsessions			
Compulsions				Oppositional behavior			
Crying/tearful				Panic attacks			
Cyber addiction				Paranoia			
Delusions				Phobias/fears			
Depression				Physical trauma perpetrator			
Disorientation				Physical trauma victim			
Difficulty getting out of bed				Poor concentration			
Difficulty making decisions				Poor grooming			
Distractibility				Racing thoughts			
Eating disorder				Recurring thoughts			
Elevated mood				Self-mutilation			
Emotional trauma perpetrator				Sexual addiction			
Emotional trauma victim				Sexual difficulties			
Excessive energy				Sexual trauma perpetrator			
Fatigue				Sexual trauma victim			
Grief				Sleep problems			
Guilt				Speech problems			
Gambling				Social isolation			
Hallucinations				Substance abuse			
Hearing voices				Suicidal thoughts			
Heart palpitations				Worried			
Hopelessness				Worthlessness			
Hyperactivity				Other:			
Impulsivity				Other:			
Irritability				Other:			

MEDICAL HISTORY

Current Medications

Medication Name	Total Daily Dosage	Estimated Start Date

Describe current physical health: Good Fair	□ Poor						
List any known allergies:							
Past nonpsychiatric hospitalizations or surgeries:							
Do you exercise regularly? ☐ Yes ☐ No							

Personal and Family Medical History (Have you or a family member ever had any of the following? If family, specify which family member)

Alzheimer's/Dementia	You	Family	Who?			You	Family	Who?	
Aizheimer 3/Demenda				Head Injury					
Anemia			1	Heart Disease					
Arthritis				High Blood Pressure					
Asthma				High Cholesterol					
Behavioral problems				HIV Positive or AIDS					
Birth defects				Kidney Problems					
Cancer				Liver Problems/Hepatitis					
Chronic Fatigue				Lung Disease					
Chronic Pain				Mental Retardation					
Diabetes				Migraine or Cluster Headaches					
Ear/Nose/Throat Problems				Neurological Problen	ns				
Eating Disorder				Skin Disease					
Emotional Problems				Sleep Apnea					
Endocrine/Hormone Problems				Stroke					
Epilepsy or Seizures			-	Thyroid Disease					
Eye Problems			-	Tuberculosis					
Fibromyalgia				Urological Problems					
Gastrointestinal Problems				Viral Illness/Herpes					
Genital/Gynecological Problem				Other:					
Reason		Dates Tr	eated		By W	hom			
ior Inpatient Treatment (for psychiati	ric, emotior			rder)? 🗆 Yes 🗆	No If yes,		scribe:		
Reason		Date Hos	spitalized		Wher	e			
		_							
mily History (has anyone in your fami	ly ever bee	n treated fo	r any of the follo	owing)?					
mily History (has anyone in your fami	-		-		Brother	Sister	· c	nildren	Grandparen
	ily ever bee	n treated fo	Aunt	Uncle	Brother	Sister	· Cr	nildren	-
Depression	-		-		Brother	Sister	Cł	nildren	Grandparer □ Maternal □ Paternal
Depression	Father	Mother	Aunt Maternal	Uncle ☐ Maternal			- Cr		☐ Maternal
	Father	Mother	Aunt ☐ Maternal ☐ Paternal	Uncle			Cr		☐ Maternal ☐ Paternal
Depression Anxiety	Father	Mother	Aunt Maternal Paternal Maternal Paternal	Uncle			Cr		☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal
Depression	Father	Mother	Aunt Maternal Paternal Maternal Paternal Maternal	Uncle Maternal Paternal Maternal Paternal			Cr		☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Daternal ☐ Maternal
Depression	Father	Mother	Aunt Maternal Paternal Maternal Paternal	Uncle			Ch		☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal
Depression Anxiety Panic Attacks	Father	Mother	Aunt Maternal Paternal Description Maternal Paternal Paternal Paternal	Uncle Maternal Paternal Maternal Paternal Maternal Paternal			Ch		☐ Maternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal
Depression Anxiety Panic Attacks	Father	Mother	Aunt Maternal Paternal Paternal Paternal Maternal Maternal Paternal	Uncle Maternal Paternal Maternal Paternal Paternal Maternal Maternal			Ch		☐ Maternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Description
Depression Anxiety Panic Attacks	Father	Mother	Aunt Maternal Paternal Description Maternal Paternal Paternal Paternal	Uncle Maternal Paternal Maternal Paternal Maternal Paternal			Ch		☐ Maternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal
Depression Anxiety Panic Attacks Post Traumatic Stress	Father	Mother	Aunt Maternal Paternal Paternal Paternal Maternal Paternal Paternal Paternal	Uncle Maternal Paternal Maternal Paternal Paternal Maternal Maternal			· Ch		☐ Maternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Description
Pepression Anxiety Panic Attacks Post Traumatic Stress Bipolar Disorder/Manic	Father	Mother	Aunt Maternal Paternal Paternal Paternal Maternal Paternal Maternal Maternal Maternal Paternal	Uncle Maternal Paternal Maternal Paternal Maternal Paternal Paternal Maternal Maternal Maternal Maternal			· Ch		☐ Maternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal
Pepression Anxiety Panic Attacks Post Traumatic Stress Bipolar Disorder/Manic	Father	Mother	Aunt Maternal Paternal Paternal Paternal Maternal Paternal Paternal Paternal	Uncle Maternal Paternal Maternal Paternal Maternal Paternal Paternal Paternal			Ch		☐ Maternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal
Pepression Anxiety Panic Attacks Post Traumatic Stress Bipolar Disorder/Manic Depression	Father	Mother	Aunt Maternal Paternal Paternal Paternal Maternal Paternal Maternal Maternal Maternal Paternal	Uncle Maternal Paternal Maternal Paternal Maternal Paternal Paternal Maternal Maternal Maternal Maternal			Ch		☐ Maternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Maternal ☐ Maternal ☐ Paternal
Pepression Anxiety Panic Attacks Post Traumatic Stress Bipolar Disorder/Manic Depression	Father	Mother	Aunt Maternal Paternal Paternal Paternal Maternal Paternal Paternal Maternal Paternal Paternal	Uncle Maternal Paternal Maternal Paternal Maternal Paternal Paternal Paternal Maternal Paternal Paternal Paternal Paternal Paternal			Ch		☐ Maternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Paternal
Depression Anxiety Panic Attacks Post Traumatic Stress Bipolar Disorder/Manic Depression Echizophrenia	Father	Mother	Aunt Maternal Paternal Paternal Maternal Paternal Pat	Uncle Maternal Paternal Maternal Paternal Maternal Paternal Maternal Paternal Maternal Paternal Maternal Paternal Paternal Paternal Paternal Paternal Maternal Paternal			Ch		☐ Maternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal
Pepression Anxiety Panic Attacks Post Traumatic Stress Sipolar Disorder/Manic Depression Chizophrenia	Father	Mother	Aunt Maternal Paternal Paternal Maternal Paternal Maternal Paternal Paternal Paternal Paternal Paternal Paternal Maternal Paternal Paternal Maternal Paternal Maternal Paternal Maternal Paternal Maternal Mat	Uncle Maternal Paternal Maternal Maternal Paternal Maternal Maternal Paternal Maternal Maternal Paternal			Ch		☐ Maternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Maternal ☐ Maternal ☐ Maternal ☐ Maternal ☐ Maternal
Pepression Anxiety Panic Attacks Post Traumatic Stress Sipolar Disorder/Manic Depression Chizophrenia	Father	Mother	Aunt Maternal Paternal Paternal Maternal Paternal Pat	Uncle Maternal Paternal Maternal Paternal Maternal Paternal Maternal Paternal Maternal Paternal Maternal Paternal Paternal Paternal Paternal Paternal Maternal Paternal			Ch		☐ Maternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal
Depression Anxiety Panic Attacks Post Traumatic Stress Sipolar Disorder/Manic Depression Chizophrenia Alcohol Problems	Father	Mother	Aunt Maternal Paternal Paternal Maternal Paternal Pat	Uncle Maternal Paternal Paternal Paternal Paternal Paternal			CH		☐ Maternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal
Depression Anxiety Panic Attacks Post Traumatic Stress Sipolar Disorder/Manic Depression Chizophrenia Alcohol Problems	Father	Mother	Aunt Maternal Paternal Paternal Maternal Paternal Maternal Paternal Maternal Paternal Maternal Paternal Paternal Maternal Paternal Maternal Mat	Uncle Maternal Paternal Paternal Paternal Maternal Paternal Maternal Maternal Paternal Maternal Maternal Paternal			CH		☐ Maternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Maternal ☐ Maternal ☐ Paternal
Depression	Father	Mother	Aunt Maternal Paternal Paternal Maternal Paternal Pat	Uncle Maternal Paternal Paternal Paternal Paternal Paternal			CH		☐ Maternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Paternal ☐ Maternal ☐ Paternal ☐ Maternal ☐ Maternal ☐ Maternal ☐ Maternal ☐ Maternal ☐ Maternal

☐ Paternal

☐ Paternal

☐ Paternal

Suicide Attempts			☐ Maternal ☐ Paternal	□ Ma □ Pat					Maternal Paternal	
Psychiatric Hospitalization			☐ Maternal ☐ Paternal	□ Ma □ Pat					☐ Maternal ☐ Paternal	
		6.1	6.11		 			,		
Past Psychiatric Medications (if you ha		-		tions, in						
Antidepressants	Check if taken		When?		Dosage?		Did it help?		Any side effects?	
Prozac (fluoxetine)]					□ No		s 🗆 No	
Zoloft (sertraline)]					□ No		s 🗆 No	
Luvox (fluvoxamine)]					□ No		s 🗆 No	
Paxil (paroxetine)]					□ No		s 🗆 No	
Celexa (citalopram)]				☐ Yes		☐ Ye		
Effexor (venlafaxine)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Cymbalta (duloxetine)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Wellbutrin (bupropion)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Remeron (mirtazapine)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Serzone (nefazodone)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Anafranil (clomipramine)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Pamelor (nortrptyline)]				☐ Yes	□ No	☐ Ye	s □ No	
Tofranil (imipramine)]				☐ Yes	□ No	☐ Ye	s □ No	
Elavil (amitriptyline)]				☐ Yes	□ No	☐ Ye	s □ No	
Pristiq (desvenlafaxin)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Desyrel (trazadone)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Viibryd (vilazodone)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Adapin (doxepin)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Asendin (amoxapine)]				☐ Yes	□ No	☐ Ye:	s 🗆 No	
Ludiomil (maprotiline)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Norpramin (desipramine)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Surmontil (trimipramine)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Vivactil (protriptyline)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Antipsychotics/Mood Stabilizers	Check i	f taken	When?		Dosage?	Did	it help?	Any s	side effects?	
Seroquel (quetiapine)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Zyprexa (olanzapine)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Geodon (ziprasidone)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Abilify (aripiprazole)						☐ Yes	□ No	☐ Ye	s 🗆 No	
Clozaril (clozapine)]				☐ Yes	□No	☐ Ye	s 🗆 No	
Haldol (haloperidol)]				☐ Yes	□ No	☐ Ye	s 🗆 No	
Prolixin (fluphenazine)]				☐ Yes	□No	☐ Ye	s 🗆 No	
Sedative/Hypnotics	Check i	f taken	When?		Dosage?	Did	it help?	Any s	side effects?	
Ambien (zolpidem)]				☐ Yes	□No	☐ Ye	s 🗆 No	
Sonata (zaleplon)						☐ Yes	□No	☐ Ye	s 🗆 No	
Restoril (temazepam)						☐ Yes	□No	☐ Ye	s 🗆 No	
Rozerem (ramelteon)						☐ Yes	□No	☐ Ye	s 🗆 No	
Desyrel (trazodone)						☐ Yes	□No	☐ Ye	s 🗆 No	

ADHD Medications	Check if taken	When?	1	Dosag	e?	Did it help	p?	Any side	e effects?
Adderall (amphetamine)						□ Yes □ N	lo ol	□ Yes	□ No
Concerta (methylphenidate)						□ Yes □ N	10 I	□ Yes	□ No
Ritalin (methylphenidate)						□ Yes □ N	lo I	□ Yes	□ No
Strattera (atomoxetine)						□ Yes □ N	lo I	□ Yes	□ No
Antianxiety Medications	Check if taken	When?	1	Dosag	e?	Did it help	p?	Any side	e effects?
Xanax (alprazolam)						□ Yes □ N	lo I	□ Yes	□ No
Ativan (lorazepam)						□ Yes □ N	lo ol	□ Yes	□ No
Klonopin (clonazepam)						□ Yes □ N	lo l	□ Yes	□ No
Valium (diazepam)						□ Yes □ N	lo l	□ Yes	□ No
Tranxene (clorazepate)						□ Yes □ N	lo l	□ Yes	□ No
Buspar (buspirone)						□ Yes □ N	lo l	□ Yes	□ No
Other Medications (specify)	Check if taken	When?	1	Dosag	e?	Did it help	p?	Any side	e effects?
						□ Yes □ N	lo I	□ Yes	□ No
						□ Yes □ N	lo I	□ Yes	□ No
						□ Yes □ N	lo I	□ Yes	□ No
reatment History: ☐ Outpatient ☐ Inpatient ☐ 12 iubstances Used (check all that appl		opped on own $\ \square$	Other:						
Ever Used?	First use age	Last use age	Curre	ently Used?	Fred	quency		Amou	nt
□ Alcohol			Пν						
☐ Amphetamines/Speed			ш.	es 🗆 No					
☐ Barbiturates				es 🗆 No					
☐ Caffeine			ПΥ						
☐ Cocaine			□ Y	es 🗆 No					
☐ Crack Cocaine			□ Y □ Y	es 🗆 No					
Li Crack Cocaine			_ Y	es					
□ Ecstasy			_ Y	es					
			Y	es					
☐ Ecstasy				es					
☐ Ecstasy ☐ Hallucinogens (LSD			Y	es					
☐ Ecstasy ☐ Hallucinogens (LSD ☐ Heroin			Y	es					
☐ Ecstasy ☐ Hallucinogens (LSD ☐ Heroin ☐ Inhalants			Y	es					
□ Ecstasy □ Hallucinogens (LSD □ Heroin □ Inhalants □ Marijuana			Y	es					
□ Ecstasy □ Hallucinogens (LSD □ Heroin □ Inhalants □ Marijuana □ Methadone			Y	es					
□ Ecstasy □ Hallucinogens (LSD □ Heroin □ Inhalants □ Marijuana □ Methadone □ Methamphetamine			Y	es					
□ Ecstasy □ Hallucinogens (LSD □ Heroin □ Inhalants □ Marijuana □ Methadone □ Methamphetamine □ Painkillers			Y	es					

☐ Yes ☐ No

 $\ \square$ Other:

FAMILY HISTORY

Family of Origin

running or origin								
Present During Cl	nildhood	Present entire childhood	Present part of childhood	Not present at all	Parents' Currer	nt Marita	l Status:	Childhood Family Experience:
Biological Mother					☐ Married to e	ach other		☐ Outstanding home environment
Biological Father					'			☐ Normal home environment
Adoptive Mother					☐ Divorced for☐ Mother remainstance.			☐ Chaotic home environment ☐ Neglected
Adoptive Father					☐ Father remai			☐ Witnessed physical/verbal/sexual
Stepmother					☐ Mother invo			abuse towards others
Stepfather					☐ Father involv			☐ Experienced physical/verbal/sexual abuse from others
Brother(s)					☐ Mother dece			
Sister(s)					Age of patient☐ Father decea			Age of emancipation from home:
Other:					Age of patient			
DEVELOPMENTAL I	HISTORY		☐ German	measles	☐ Alcohol use	□ Ot	her:	
during mother's pregnancy		olood pressure y infection	☐ Emotion☐ Bleeding		☐ Drug use☐ Cigarette use			
Birth	□ Norm	al delivery 🔲 🛭	Difficult delive	ery 🗆 Ce	esarean delivery	☐ Com	plications:	
Birth Weight	!	bs oz.						
Infancy	☐ Feedi	ng problems C	Sleep probl	ems 🗆 To	oilet training prob	lems		
Delayed Developm	ent Milest	tones (check only	those milest	tones that o	did not occur at ar	n expecte	d age)	
☐ Sitting ☐ Speaking words ☐ Dressing self ☐ Riding bicycle		☐ Rolling over ☐ Speaking sent ☐ Engaging peer ☐ Other:	ences		g ing bladder ng separation		ing rolling bowels ng cooperatively	☐ Feeding self☐ Sleeping alone☐ Riding tricycle
Childhood Health								
☐ Chickenpox (age ☐ Scarlet fever (ag) ☐ Pneumonia (age) ☐ Asthma	e:) :)	☐ German meas ☐ Lead poisonin ☐ Tuberculosis (☐ Allergies to:	g (age:)	☐ Red mea ☐ Mumps ☐ Mental r			theria (age:)) ☐ Whooping cough (age:)☐ Poliomyelitis (age:)☐ Ear infections
Emotional/Behavio	f others	ms ☐ Alcohol abuse ☐ Hyperactive ☐ Not trustwort ☐ Self-injurious ☐ Extreme worr ☐ Often sad	hy threats ier	☐ Chronic ☐ Animal o ☐ Hostile/i ☐ Frequen ☐ Self-inju ☐ Breaks t	cruelty angry mood tly tearful rious acts	☐ Inded	ults others cisive uently daydreams Isive	☐ Violent temper ☐ Disobedient ☐ Immature ☐ Lack of attachment ☐ Easily distracted
Social Interaction ☐ Normal social int ☐ Dominates other		☐ Isolates self ☐ Very shy		☐ Alienate ☐ Associat	es self es with acting out	t peers	☐ Inappropriat	e sex play
Intellectual/Acade ☐ Normal intelliger ☐ Underachieving	nce	oning □ High intelliger □ Mild retardati		☐ Learning	g problems te retardation		ority conflicts re retardation	☐ Attention problems

Current or highest education level:

SOCIO-ECONOMIC HISTORY

SUCIO-ECUNUIVIIC HISTORY		
Living Situation:	Social Support System:	Financial Situation:
☐ housing adequate	☐ supportive network	☐ no current financial problems
□ homeless	☐ few friends	☐ large indebtedness
☐ housing overcrowded	☐ substance-use-based friends	☐ poverty or below-poverty income
☐ dependent on others for housing	☐ no friends	☐ impulsive spending
☐ housing dangerous/deteriorating	☐ distance from family of origin	☐ relationship conflicts over finances
☐ living companions dysfunctional		
Employment:	Legal History:	Military History:
☐ employed and satisfied	☐ no legal problems	☐ never in military
☐ employed but dissatisfied	☐ now on parole/probation	☐ served in military – no incident
☐ unemployed	☐ arrest(s) not substance-related	☐ served in military – with incident
☐ coworker conflicts	☐ arrest(s) substance related	☐ currently serving in military
☐ supervisor conflicts	☐ court ordered this treatment	☐ honorable discharge
☐ unstable work history	☐ jail/prison time(s)	☐ other type of discharge:
☐ disabled:	total time served:	
Sexual History:	Cultural/Spiritual/Recreational History	
☐ straight/heterosexual orientation	Cultural Identity (ethnicity, religion):	
☐ lesbian/gay/homosexual orientation	Describe any cultural issues that contribute to curre	ent problem(s):
☐ bisexual orientation	Currently active in community/recreational activities	es? □ Yes □ No
☐ transsexual	Formerly active in community/recreational activities	es? □ Yes □ No
□ asexual	Currently engage in hobbies?	☐ Yes ☐ No
☐ unsure/questioning orientation	Currently participate in spiritual activities?	☐ Yes ☐ No
☐ currently sexually active		
☐ currently sexually satisfied	Relationship History and Current Family:	
☐ currently sexually dissatisfied	☐ married ☐ children living at home	
☐ age first sex experience:	☐ divorced ☐ children living elsewher	re
☐ age first pregnancy/fatherhood:	□ single	
☐ history of promiscuity age to	□ widowed	
☐ history of unsafe sex age to	☐ in a relationship	